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THE CREATION OF PATRIARCHY: UNRAVELING THE HISTORICAL ROOTS OF GENDER HIERARCHY

The origins of male dominance have long fascinated historians, anthropologists, and sociologists. While patriarchal structures appear nearly universal in recorded history, their emergence was not inevitable. Understanding **the creation of patriarchy** requires examining the complex interplay of economic shifts, religious transformations, legal codifications, and social revolutions that gradually entrenched male authority. This exploration is not merely an academic exercise; it illuminates how deeply embedded systems of gender inequality continue to shape modern life—and how they might be dismantled.

For much of human prehistory, evidence suggests that early hunter-gatherer societies exhibited relative gender egalitarianism. Women contributed substantially to subsistence through gathering, and their reproductive roles did not automatically translate into subordination. So what changed? The answer lies in a series of revolutionary developments that reorganized human societies: the Neolithic agricultural revolution, the rise of state societies, the invention of writing and law, and the emergence of centralized religions. Each step in this long historical process contributed to what we now recognize as **the creation of patriarchy**.

The Agricultural Revolution and the Shift in Gender Roles

The transition from nomadic foraging to settled agriculture, beginning around 10,000 BCE, represents perhaps the most critical turning point. As communities domesticated plants and animals, new forms of labor emerged. Plow-based agriculture, in particular, demanded greater physical strength and often became associated with men. Women, meanwhile, were increasingly tied to domestic tasks and child-rearing, especially as higher birth rates became advantageous for farming communities.

This division of labor alone did not create patriarchy, but it laid the economic foundation. Surplus production led to private property—land, livestock, stored grains. For the first time, inheritance became a pressing concern. Men needed to ensure that their property passed to their own biological offspring, which required controlling female sexuality. This gave rise to what historian Gerda Lerner termed the "commodification of women." Daughters were exchanged in marriage to forge alliances

and secure property rights, transforming women into transferable assets.

Archaeological evidence from early agricultural sites in Mesopotamia, the Indus Valley, and the Yellow River basin shows increasing differentiation in grave goods and skeletal markers of labor. Female skeletons from this period show greater evidence of grinding grain and carrying heavy loads, while male skeletons show more signs of violence and warfare. The specialization of warfare as a male domain further legitimized male authority, as armed men became protectors of the community's wealth.

The Rise of the State and Codified Patriarchy

With the emergence of the first city-states in Mesopotamia around 3500 BCE, patriarchy became officially encoded. The state needed to regulate marriage, property, and inheritance. The Code of Hammurabi (circa 1754 BCE) includes numerous laws explicitly subordinating women. A woman who neglected her husband could be drowned; a wife who committed adultery faced death; daughters had limited inheritance rights. These were not mere customs but enforceable laws backed by the authority of kings and judges.

The creation of patriarchy was thus not a single event but a cumulative legal project. Over centuries, laws in Sumer, Babylon, Assyria, Egypt, and later Greece and Rome increasingly restricted women's autonomy. In classical Athens, women were legally perpetual minors, unable to own property or participate in political life. Roman law gave the *paterfamilias*—the male head of household—absolute authority over his wife, children, and slaves. This legal architecture became the template for later Western legal systems.

Simultaneously, the development of early writing systems allowed elite men to record and transmit these patriarchal norms. Scribes, priests, and rulers—almost all male—shaped the cultural record. Women's voices were systematically erased or filtered through male perspectives. Thus **the creation of patriarchy** involved not only material changes but also control over knowledge and history.

Religious and Mythological

Reinforcements

Religion played a crucial role in naturalizing male dominance. Early Neolithic religions often featured powerful goddesses, but as state societies consolidated, goddess worship was gradually subordinated or replaced. In Mesopotamia, the goddess Inanna retained power but was depicted as subordinate to the god Anu. In Greece, the Olympian pantheon reflected a patriarchal household: Zeus ruled as king, and goddesses like Hera were powerful yet constrained.

The monotheistic traditions of Judaism, Christianity, and Islam further solidified patriarchal authority. The Hebrew Bible contains both egalitarian and patriarchal strands, but the dominant narrative in Genesis places Eve as secondary to Adam and as the source of sin. The Apostle Paul's letters in the New Testament command women to be silent in churches and to be subject to their husbands. The Quran grants women certain rights but also establishes male guardianship (*qawwamah*) over women. These sacred texts, interpreted over centuries by male clergy, became foundational justifications for gender hierarchy.

It is important to note that religious patriarchy was not uniform. Women found spaces of influence within these traditions—as mystics, patrons, and even occasional leaders. But the institutional structures of priesthood, theology, and canon law remained firmly male-controlled. The creation of patriarchy through religion was effective precisely because it framed male authority as divinely ordained, making it seem not just natural but sacred.

The Intersection of Patriarchy and Class

Patriarchy never functioned in isolation. It intersected with class, race, and other forms of hierarchy. In early state societies, elite women often held substantial influence behind the scenes, while peasant women labored alongside men in fields. However, even elite women were ultimately subject to male control. As Gerda Lerner argues in her seminal work *The Creation of Patriarchy* (1986), the first form of slavery was the enslavement of women captured in war. This established the principle that some humans could be property, a concept later extended to men.

This intersection is critical: the creation of patriarchy is inseparable from the creation of class society and the state. In many ancient societies, women from conquered peoples were forced into concubinage or servitude, while women of the ruling class were strictly controlled to preserve lineage purity. The system thus benefited some men at the expense of others, but it also created a gender hierarchy that transcended class divisions. A poor free man still held authority over the women in his household, even if he had little political power.

Resistance and Continuity

Despite the overwhelming force of patriarchal institutions, women never passively accepted their subordination. From the poetess Enheduanna in Sumer to the Greek philosopher Hypatia, women

resisted through writing, teaching, and direct action. Medieval women like Hildegard of Bingen wielded influence through religious authority. Early modern feminists such as Mary Wollstonecraft explicitly challenged the intellectual foundations of patriarchy. Yet these challenges rarely toppled the system itself; they were often co-opted or suppressed.

The modern era brought new contradictions. The Enlightenment's ideals of liberty and equality were initially applied only to propertied white men. Yet feminists quickly seized on these contradictions. The 19th and 20th centuries saw waves of organized women's movements demanding legal equality, suffrage, education, and economic access. Progress has been real: women's legal status in many countries now approaches legal equality. However, deep structural inequalities persist in pay, political representation, and domestic labor. This demonstrates that **the creation of patriarchy** is not a historical episode that is over but an ongoing process that continues to adapt.

Rethinking Patriarchy in the 21st Century

Contemporary scholarship has complicated earlier narratives of patriarchy's origins. Some anthropologists argue that pre-agricultural societies were not uniformly egalitarian, while others emphasize the role of warfare and male bonding in shaping male dominance. Feminist historians now pay careful attention to regional variations: patriarchy in China, with its Confucian emphasis on filial piety and patrilineal clans, differed significantly from the Germanic tribal patriarchy described by Tacitus. The creation of patriarchy was thus a global but uneven process.

Moreover, recent research on gender as a social construct has revealed the fluidity of roles in many indigenous societies. Two-spirit people in many Native American cultures, hijras in South Asia, and various third-gender categories challenge the binary gender hierarchy that Western patriarchy rigidly enforces. This suggests that patriarchy is not an inevitable outcome of human biology but a specific, and changeable, historical formation.

Understanding the historical creation of patriarchy is essential for dismantling it. If patriarchy was made by humans, it can be unmade by humans. But that requires recognizing how deeply it is embedded in our economic systems, legal codes, religious traditions, and everyday habits. It requires not only policy changes but a fundamental reimagining of gender, power, and human relationships.

Conclusion

The creation of patriarchy was neither a single event nor a natural outgrowth of biological differences. It was a millennia-long historical process driven by the shift to agriculture, the emergence of private property and the state, the codification of male-dominated legal and religious systems, and the systematic exclusion of women from economic and political power. This process varied across cultures but shared a common trajectory: the gradual subordination of women to male authority, justified as natural, divine, or inevitable. Recognizing this constructed origin is the first step toward building a more just and equal future. By understanding how patriarchy was made, we

can more effectively work to unmake it—not by returning to an imagined prelapsarian past, but by consciously creating new structures of gender equality that respect the full humanity of all people.