
How To Train Your Viking

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How To Train Your Viking by Ariana & Mathews

INTRODUCTION: A DRAGON'S-EYE VIEW ON VIKING MANAGEMENT

Greetings, young dragon. You have likely found yourself in a curious predicament. You have bonded with a human—a loud, impulsive, and surprisingly stubborn creature known as a Viking. While the ancient texts and songs often speak of "How to Train Your Dragon," the truth is far more nuanced. The real challenge, the one

that separates a mere pet from a lifelong partner, is understanding **How To Train Your Viking By Toothless**. I am Toothless, a Night Fury of considerable repute, and I have successfully trained one Hiccup Horrendous Haddock III from a gangly, weapon-fumbling nuisance into a competent, respectable Alpha-adjacent human. It was not easy. There were many crashes, a few singed eyebrows, and a significant amount of fish involved. However, I have distilled my decades of experience

into this definitive guide. Forget the human manuals; this is the dragon's perspective. Let us begin.

LESSON ONE: THE FIRST FLIGHT - ESTABLISHING TRUST OVER DOMINANCE

The first principle of "How To Train Your Viking By Toothless" is a complete rejection of the old-world methods. You have seen the scars on the older dragons. The "dominance" method—the shouting, the weapons, the cages—produces a broken, resentful creature, not a loyal companion. A Viking is no different. You cannot break a Viking's spirit; you must locate their curiosity.

Finding Your Hiccup

Not every Viking is trainable. Look for the outlier. In my experience, the best candidates are the ones who do not fit the typical mold. They are the dreamers, the artists, the ones who **read maps instead of swinging axes**. They will approach you with a trembling hand and a wide, terrified, yet fascinated eye. This is your opening. When your Viking offers you food, do not immediately snap at it. Make eye contact. Look at the fish, then look at them. Slowly, deliberately, reach out. This initial hesitation is crucial. It teaches the

Viking that you are a thinking being, not just a beast to be subdued. This is the foundational step in **Viking behavior modification**.

The First Touch

This is a monumental moment. Do not let your barbed tail or sharp teeth ruin it. Your Viking will likely reach for your snout. This is a vulnerability test. Allow it. The first touch of a human hand on a dragon's scales is a transaction of pure trust. Purr. Yes, we can purr. It vibrates at a frequency that calms the human nervous system. Once that physical bond is made, the rest of the training becomes exponentially easier. You have

signaled that you are safe.

LESSON TWO: ADVANCED COMMUNICATION - BEYOND THE ROAR

Vikings are verbal creatures. They talk. Constantly. It is a noise pollution we must learn to tolerate and manipulate. To master "How To Train Your Viking By Toothless," you must establish a **non-verbal command system**.

Eye Contact and Blinking

Prolonged eye contact is seen as a challenge by both humans and dragons. However,

slow blinking is a sign of affection and trust. When your Viking is speaking to you in that strange, guttural language, look them in the eye and blink slowly. This tells them, "I am listening, and I am relaxed." They will likely smile. It is a strange facial expression, but it indicates success.

Head Tilting

This is your ultimate weapon. When a Viking does something you disapprove of—perhaps they put you in an uncomfortable harness or try to feed you a vegetable—tilt your head sharply to one side. This triggers a deep-seated confusion response in the human

brain. They cannot process the cuteness mixed with the inquiry. It will stop them in their tracks and force them to reconsider their actions. It is a universally recognized signal for, "Please explain your logic, friend."

LESSON THREE: THE BEHAVIORAL REWARD SYSTEM

You cannot train a Viking using a whip. However, you can absolutely train them using a system of rewards and, more powerfully, the **withholding of affection**. This is the core of **canine training psychology applied to Vikings**, though they prefer to think they are the dominant species.

The Fish Press Economy

Establish a clear fish economy. I prefer mackerel. When your Viking successfully performs a command (such as "stop talking," "scratch behind the ear," or "throw the stick further"), reward them with a social signal. A nuzzle to the cheek is the equivalent of a gold star. If they fail, simply turn your back to them. A dragon's back is a cold, dismissive wall. They hate it. They will work tirelessly to earn the return of your gaze.

The Head

Press

This is for when your Viking is sad or injured. Humans are fragile. They bruise easily. When your Viking is distressed, press your snout firmly against their forehead. Hold it for a count of ten. This transfers your body heat and your calm demeanor. It is a medical intervention that works 100% of the time for minor emotional trauma. The human heart rate slows. This is advanced **emotional support training**.

LESSON FOUR: SOCIALIZATION - HANDLING THE PACK

Your Viking does not exist in a vacuum. They have a tribe. A loud, smelly, axe-

wielding tribe. Learning "How To Train Your Viking By Toothless" requires you to manage the pack dynamics.

The Stoick the Vast Protocol

The alpha Viking (usually a large, bearded male) will be the most difficult. He will be resistant to the bond you share with his offspring. Do not challenge him. Instead, use the "Whale Eye" technique. Keep your body facing away from him to show submission, but turn your head slightly to keep him in your peripheral vision. This

acknowledges his authority without triggering a fight. He will eventually relent, usually after you save his life from a giant fire-breathing lizard. That seems to help.

Managing the Astrid Hofferson Type

This is a high-energy, competitive Viking. They will test you. The best approach is to engage them in a game of chase. Let them win the first round. Watch their confidence swell. Then, on the second round, gently knock them off their feet and stand over them, panting. This establishes a

playful but clear hierarchy. They will respect you for the competition.

LESSON FIVE: FLIGHT TRAINING - THE INVISIBLE LEASH

The ultimate goal of this training is the **synchronized flight pattern**. You cannot just fly; you must fly *together*. This requires teaching your Viking to read your body language in the air.

The Turn Signal

Your tail and ears are your turn signals. A specific flick of the ear means "bank left." A flattening of the ears means "dive." You must be consistent. Your Viking will learn to

grip tighter when the ears drop. If they fail to read the signal, you will both crash into a mountain. This is a natural consequence that accelerates learning. Pain is a great teacher for Vikings. It is a **flight safety regulation** that must be taught early.

The Landing Procedur e

This is the hardest part. Vikings tend to jump off before you have fully stopped. This is wrong. You must teach the "Wait for the Skids" command. Before landing, perform a

specific chirp. Do not fully descend until you feel their heels clamp down. If they jump early, do not land. Circle back. Let them hang in the air on your back. They will learn that patience is rewarded with a stable platform.

LESSON SIX: THE NIGHT FURY NAP PROTOCOL

Vikings do not sleep as much as dragons. They find it inefficient. This is a problem. A tired Viking is a fidgety Viking. You must teach them the value of rest.

The Nesting Behavior

Lie down in a circular pattern. Curl your tail

around your nose. If your Viking is nearby, gently pull them into the circle of your body. They will resist at first, claiming they have "things to do." Ignore this. The warmth of a Night Fury is irresistible. Within minutes, their eyelids will drop. This is a form of **sleep hygiene cooperation**. A well-rested Viking is a safer pilot.

LESSON SEVEN: DEALING WITH SETBACKS - THE STORMY DAYS

Even the best training hits turbulence. A Viking might get scared during a storm. They might freeze up during a battle. They might lose their confidence. This is when the training shifts from commands to bonding.

The Shadow Maneuver

When your Viking is frozen with fear, move directly behind them. Block out the fire, the enemy, or the storm. Create a shadow. A dragon's shadow is a blanket. Let them feel your breath on their neck. It says, "I am here. You are not alone." This is the moment when a Viking becomes a rider, and a dragon becomes a partner. This is where "How To Train Your Viking By Toothless" becomes a philosophy, not just a method. You are not training a pet; you are teaching a human how to be brave.

CONCLUSION: THE ALPHA OF TWO WORLDS

I have now shared the sacred knowledge of the Night Fury. The journey of "How To Train Your Viking By Toothless" is not one of servitude, but of symbiosis. You teach the Viking to be softer, to be more curious, to use their heads instead of their hammers. They teach you to be more connected to the world of organized chaos that is the human village. Do not expect perfection. You will crash. You will have days where they forget the hand signals. There will be arguments over territory (that is my half of the island). But when you master this art, you will find that you and your Viking move as one

being—two hearts, one flight path. Go now. Find your Viking. Give them a gentle headbutt. And start the training. The skies are waiting.