
Tv Guide St Louis Mo

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by Susan & Rory*

YOUR COMPLETE GUIDE TO ST. LOUIS TELEVISION: FINDING THE BEST TV GUIDE ST LOUIS MO HAS TO OFFER

In a city that bleeds Cardinals red, celebrates the St. Louis Blues, and stays glued to breaking news from the Gateway Arch, knowing what's on television is practically a civic duty. Whether you're a cord-cutter, a longtime cable subscriber, or someone who just wants to catch the latest episode of a local morning show, finding a reliable and up-to-date **TV Guide St Louis Mo** resource can feel overwhelming. Between the major network affiliates, regional sports networks, public broadcasting, and the ever-expanding world of streaming, the St. Louis TV landscape is richer—and more complex—than ever.

This guide is designed to cut through the static. We'll walk you through the essential channels, the best ways to find daily listings, how to watch local sports without missing a game, and what makes St. Louis television unique. Whether you live in the Central West End, out in St. Charles, or across the river in Illinois, this comprehensive look at the St. Louis television market will help you stay informed and entertained.

Understanding the St. Louis TV Market: A Broad Overview

The St. Louis designated market area (DMA) is one of the largest in the Midwest, covering eastern Missouri and southwestern Illinois. That means the **TV Guide St Louis Mo** you rely on includes a wide array of stations, each with its own local flavor. The major network affiliates—KMOV (CBS), KSDK (NBC), KTVI (Fox), and KDNL (ABC)—anchor the schedule with national primetime hits, but their local news broadcasts are where they truly compete.

Beyond the big four, you'll find KETC (PBS), which offers excellent educational and cultural programming, and several independent stations like WRBU (MyNetworkTV) and WPXS (Daystar). For those using an antenna, knowing the channel numbers and signal strength for each station is crucial. A quick check of a **TV Guide St Louis Mo** website or app will list both traditional cable channel numbers and over-the-air frequencies, so you can plan your viewing accordingly.

One thing that makes St. Louis stand out is the strong local commitment to sports. The St. Louis Cardinals (MLB) and St. Louis Blues (NHL) are broadcast on Bally Sports Midwest, and during game season, many prime-time slots on local affiliates are preempted for special coverage or post-game shows. Understanding the schedule of these regional broadcasts is essential for any true fan.

Local Broadcast Networks: What to Expect on the Main Channels

When you crack open a traditional **TV Guide St Louis Mo**—whether it's a printed booklet, an online grid, or a cable menu—the first thing you'll notice is the robust local news presence. Each network affiliate in St. Louis produces multiple hours of local news daily, often starting as early as 4:00 a.m. and running through late evening.

- **KMOV (Channel 4, CBS):** Known for its “First Alert Weather” team and investigative unit, KMOV delivers strong morning and evening newscasts. Their primetime lineup is heavy with network dramas like “NCIS” and “Survivor.”
- **KSDK (Channel 5, NBC):** This station is a ratings powerhouse, especially for its morning show “Today in St.

Louis” and evening newscasts. KSDK carries NBC’s primetime hits (“The Voice,” “Chicago” franchise) and is the local affiliate for the NFL’s “Sunday Night Football.”

- **KTVI (Channel 2, Fox):** Fox 2 offers a unique morning show that starts at 4:00 a.m. and blends local news with national segments from “Fox & Friends.” Their evening lineup includes local sports, especially Cardinals and Blues coverage, as well as FOX’s popular prime-time series.
- **KDNL (Channel 30, ABC):** A smaller news operation but still a vital part of the market. KDNL airs ABC’s powerhouse lineup, including “Grey’s Anatomy” and “The Bachelor,” along with syndicated shows like “Jeopardy!” and “Wheel of Fortune” in early fringe times.
- **KETC (Channel 9, PBS):** A public television staple, KETC offers “PBS NewsHour,” local documentaries, children’s programming, and classic British dramas. It’s a must for families and anyone interested in deep-dive journalism.

These stations broadcast over the air (often in high-definition), and they are the backbone of any **TV Guide St Louis Mo** listing. For antenna users, you’ll find that most major networks broadcast from the same tower cluster in south St. Louis County, making it relatively easy to pick up all four networks with a decent indoor antenna.

Cable, Satellite, and

Streaming: How to Access St. Louis TV

While over-the-air antennas provide free access to local channels, many viewers prefer the convenience of a bundled service. The traditional cable providers in the St. Louis area include Spectrum (Charter) and AT&T U-Verse (though U-Verse is winding down). For satellite, DIRECTV and Dish Network are widely available. Each of these services will have its own channel lineup, so if you're looking for a **TV Guide St Louis Mo** specific to your provider, you'll need to consult their online portal or on-screen guide.

However, the biggest shift in recent years has been to streaming television services. YouTube TV, Hulu + Live TV, Sling TV, and FuboTV all offer packages that include local St. Louis affiliates (depending on your zip code) and regional sports networks like Bally Sports Midwest. This is a game-changer for cord-cutters who still want access to Cardinals and Blues games, as well as live local news. For example, YouTube TV's guide allows you to filter by St. Louis channels, making it a very effective digital **TV Guide St Louis Mo** for the streaming age.

If you don't want a full live TV subscription, you can still use a digital antenna and supplement with free streaming apps like Tubi or Pluto TV. For local on-demand news, KMOV, KSDK, and KTVI all have dedicated apps and websites where you can watch highlights, weather updates, and full newscasts after they air.

Sports Programming: The Heart of St. Louis TV

No discussion of **TV Guide St Louis Mo** would be complete without acknowledging the central role of sports. The St. Louis Cardinals, with their massive fanbase, are the anchor of regional sports coverage. Bally Sports Midwest carries nearly all Cardinals games (regular season and spring training) and is also home to the St. Louis Blues. During the NHL season, Blues games often air on Bally Sports as well, though some games may be simulcast on local broadcast TV (like KTVI) for special events or playoff runs.

Missouri Tigers football and men's basketball (SEC games) are frequently carried by ESPN, SEC Network, and sometimes channel 5 or channel 30, depending on the broadcast rights. Additionally, local high school sports, especially football championships and basketball tournaments, are often showcased on KSDK or on PBS stations. A robust **TV Guide St Louis Mo** will include all these sports listings, so you can plan your week around the big games.

For cord-cutters, the challenge has been accessing Bally Sports Midwest without a traditional cable or satellite subscription. Services like FuboTV and DirecTV Stream carry Bally Sports in many markets, and Bally Sports+ is also available as a standalone streaming app (though some games may have blackout restrictions). Before committing to a streaming service, it's wise to check their local channel availability for St. Louis.

Finding the Perfect TV Guide St Louis Mo Resource for Your Needs

So where can you actually find a daily **TV Guide St Louis Mo**? The options are plentiful and user-friendly:

- **Online Grids:** Websites like Zap2it, TV Guide (tvguide.com), and TitanTV offer customizable listings for St. Louis. You can set your favorite channels, view by time, and even see a weekly schedule. Many of these sites are ad-supported but free to use.
- **Mobile Apps:** Apps like “TV Guide” for iOS/Android or the “Cox Clear” app (if you’re an antenna user) provide on-the-go access. The “Clear” app even allows you to see over-the-air listings and mark favorite shows.
- **Streaming Service Guides:** If you subscribe to YouTube TV or Hulu + Live TV, their built-in guide is essentially your **TV Guide St Louis Mo**. You can sort by channels, search for shows, and set recordings.
- **Local Newspaper:** The *St. Louis Post-Dispatch* still publishes a weekly TV guide in the Sunday edition, though it’s slimmed down compared to the past. For a traditionalist, flipping through that print guide is a nostalgic pleasure.
- **Antenna Web Resources:** Groups like “NoCable.org” or

“AntennaWeb” help you check which channels are available in your specific location and provide a detailed channel lineup that you can treat as a de facto guide.

Day-to-Day Viewing: What to Watch in St. Louis

A typical weekday on St. Louis television starts early. KMOV’s “News 4 This Morning” competes with KSDK’s “Today in St. Louis” and KTVI’s “Fox 2 News in the Morning.” By 7:00 a.m., national morning shows (CBS This Morning, Today, Good Morning America) take over, but local cut-ins occur every half hour for weather and traffic.

Midday brings syndicated talk shows (“Dr. Phil,” “The Kelly Clarkson Show”) and local news at noon (KSDK and KMOV have strong newscasts). Afternoon hours fill with courtroom shows and more talk. Prime time, of course, is dominated by network offerings, but keep an eye on Bally Sports Midwest for Cardinals or Blues games, which can push network programming to secondary channels or delay it.

Late-night in St. Louis is lively, with all four network affiliates producing 10:00 p.m. newscasts (KTVI at 9:00 p.m.) and then national late-night shows. For a deep dive into community issues, KETC’s “Living St. Louis” and “Science Matters” are excellent local productions that often appear in the evening or weekend schedule.

Seasonal Specials and Emergency Broadcasting

One unique aspect of the **TV Guide St Louis Mo** is the inclusion of severe weather coverage. During spring and summer, tornado warnings and severe thunderstorms can preempt regular programming. KMOV, KSDK, and KTVI all have robust weather teams that go into “storm mode” coverage, which sometimes lasts hours. It’s a good idea to know which stations have the most reliable weather radar and which apps push alerts. Similarly, during the holiday season, local stations air parades, specials, and charity telethons that are unique to St. Louis.

Emergency alert system tests and real emergencies are broadcast across all channels, but you’ll find the most detailed local information on the affiliate stations. If you rely on a

streaming service, ensure that you receive local alerts and emergency information—some streaming cable providers don’t pass through all EAS messages.

Conclusion: Stay Tuned to St. Louis

Television in St. Louis is a vibrant mix of national hits, passionate local sports, hard-hitting news, and community programming. Whether you are flipping through a physical guide, scrolling an app, or telling your voice assistant to tune to channel 4, understanding the layout of the **TV Guide St Louis Mo** ecosystem will save you time and ensure you never miss a game, a newscast, or your favorite show. With the right tools—antenna, streaming service, or cable package—you can watch everything the Gateway City’s airwaves have to offer. So set your DVR, bookmark your favorite guide, and enjoy the show.