

# Seventh Day Adventist Fundamental Beliefs 28

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## WHAT ARE THE SEVENTH DAY ADVENTIST FUNDAMENTAL BELIEFS 28?

For followers of the Seventh-day Adventist Church, the **Seventh Day Adventist Fundamental Beliefs 28** represent the core of their faith, a carefully studied set of doctrines rooted in Scripture. These beliefs are not a rigid creed but a framework that guides the community in understanding God, humanity, salvation, and the plan of redemption. While many people are familiar with the Adventist emphasis on the Sabbath and the Second Coming, the full list of 28 beliefs offers a comprehensive look at Adventist theology. This article explores each of these fundamental beliefs, providing an informative and naturally flowing overview that helps both members and those curious about the faith understand what Adventists hold dear.

## THE FOUNDATION: WHERE DO THE 28 BELIEFS COME FROM?

The Adventist Church does not claim that its teachings are new or unique. Instead, the **Seventh Day Adventist fundamental beliefs 28** are presented as a summary of what the Bible teaches. The church holds to the principle of *Sola Scriptura* — Scripture alone is the final authority. The 28 beliefs were formally adopted during General Conference sessions, with revisions made as the church studies the Bible prayerfully. They are organized into six categories: God, Humanity, Salvation, The Church, The Christian Life, and The Last Days. Each belief is supported by biblical references, and the entire set is seen as a unified expresion of Adventist identity.

## Belief 1–5: The Doctrine of God

The first five beliefs establish the Adventist understanding of who God is. **Belief 1** covers the Holy Scriptures — the Bible is the inspired Word of God and the standard of faith. **Belief 2** describes the Trinity: God is one in three eternal persons — Father, Son, and Holy Spirit. **Belief 3** focuses on God the Father, Creator and sustainer of all. **Belief 4** presents Jesus Christ as fully God and fully man, who lived, died, and rose again. **Belief 5** explains the Holy Spirit’s role in convicting, regenerating, and empowering believers. Together, these beliefs form a robust trinitarian foundation that echoes historic Christian creeds while adding Adventist nuances, such as the emphasis on Jesus as our High Priest in the heavenly sanctuary.

## Belief 6–7: The Nature of Humanity and the Great Controversy

**Belief 6** — Creation: Adventists affirm the biblical account of creation in six literal days, with the Sabbath as a memorial. This belief is closely tied to the Seventh-day Adventist name and practice. **Belief 7** introduces the Great Controversy: a cosmic conflict between Christ and Satan that began in heaven and continues on earth. Understanding this conflict helps Adventists make sense of sin, suffering, and the ultimate plan of salvation. These two beliefs ground Adventist theology in a literal history and a cosmic narrative that gives meaning to every other belief.

## SALVATION AND THE HUMAN CONDITION

The next cluster of beliefs addresses humanity’s fallen state and God’s remedy.

## Belief 8–10: Sin, the Life of Christ, and Salvation

**Belief 8** explains human nature and the reality of sin. Adventists hold that every person inherits a sinful nature from Adam and is personally guilty of sin. **Belief 9** details the life, death, and resurrection of Christ — the perfect sacrifice for sin. **Belief 10** focuses on the experience of salvation: it is a gift of grace received by faith, not by human effort. This trio of beliefs emphasizes that salvation is entirely from God, accessed through faith in Jesus, and results in a transformed life.

## Belief 11: Growing in Christ

**Belief 11** is often called “Growing in Christ.” It describes the Christian’s journey of sanctification — a cooperative process where God works in the believer to produce holiness. Prayer, Bible study, fellowship, and the power of the Holy Spirit are key. Adventists believe that while salvation is instantaneous, character transformation is a lifetime experience. This belief encourages daily surrender and reliance on God’s grace.

## THE CHURCH AND ITS MISSION

Beliefs 12 through 18 define what the church is and how it operates.

## Belief 12–14: The Remnant, Unity, and Baptism

**Belief 12** presents the church as the body of Christ, established by God to carry the gospel to the world. **Belief 13** describes the remnant church — a group of believers who keep the commandments of God and have the testimony of Jesus. Adventists see themselves as called to proclaim the three angels’ messages of Revelation. **Belief 14** explains baptism by immersion as a public declaration of faith in Christ. Baptism is required for church membership and symbolizes a new life in Christ.

## Belief 15: The Lord’s Supper

**Belief 15** covers the ordinance of the Lord’s Supper, including foot washing (the ordinance of humility) and the communion service. Adventists practice open communion, inviting all believers in Christ to participate. Foot washing is seen as a way to humble oneself and express service to one another, following Jesus’ example in John 13.

## Belief 16–18: Spiritual Gifts, the Gift of Prophecy, and the Law of God

**Belief 16** acknowledges that the Holy Spirit distributes spiritual gifts to every believer for the edification of the church. **Belief 17** specifically highlights the gift of prophecy, manifested in the ministry of Ellen G. White, considered a modern prophet whose writings guide but do not replace Scripture. **Belief 18** affirms the Ten Commandments as the eternal law of God, with the Sabbath (the fourth commandment) as a creation memorial and a sign of loyalty to God. This belief is central to Adventist identity and worship.

## THE CHRISTIAN LIFE IN PRACTICE

Beliefs 19 through 24 shape how Adventists live daily.

## Belief 19: The Sabbath

Perhaps the most distinctive of the **Seventh Day Adventist fundamental beliefs 28** is belief 19, which focuses on the Sabbath. Adventists worship on the seventh day (Saturday) as a holy day of rest, following the biblical example. The Sabbath is seen as a gift of time from God, a sanctuary in time, and a sign of the Creator’s authority. It is a day of communion with God and fellowship with others.

## Belief 20–22: Stewardship, Christian Behavior, and Marriage

**Belief 20** — Stewardship: God entrusts humans with time, talents, and resources. Tithing and offerings support the church’s mission. **Belief 21** — Christian Behavior: Adventists strive for a healthy lifestyle, avoiding harmful substances (alcohol, tobacco, unclean foods) and emphasizing the body as a temple of the Holy Spirit. **Belief 22** — Marriage and the Family: Marriage is a divine institution between a man and a woman, reflecting Christ’s love for the church. Family life is to be nurtured with love, respect, and biblical principles.

## Belief 23–24: Work, Rest, and the Great Commission

**Belief 23** — Work and Rest: Meaningful work is part of God’s plan, and rest (especially the Sabbath) restores balance. **Belief 24** — The Great Commission: Every believer is called to share the gospel, make disciples, and prepare the world for Christ’s soon return. Mission work, health outreach, and education are key expressions of this belief.

## HOPE FOR THE FUTURE: THE LAST DAYS

The final four beliefs focus on end-time events and God’s ultimate victory.

## Belief 25: Christ’s Second Coming

Adventists believe in a literal, visible, and imminent return of Jesus Christ. Belief 25 describes that the Second Coming will be personal, and glorious, and will mark the end of sin. This hope motivates Adventist mission and lifestyle.

## Belief 26: The Millennium and the End of Sin

Belief 26 explains the millennium — a thousand-year period between the first and second resurrections. During this time, the righteous live with Christ in heaven while the earth lies desolate. After the millennium, the wicked are raised, judged, and finally destroyed, bringing sin to an end.

## Belief 27: The New Earth

Adventists look forward to the creation of a new earth, where righteousness dwells and God’s people live eternally in restored communion with Him. This belief gives hope beyond the present suffering and death.

## Belief 28: The Judgment

The final belief, **Belief 28**, covers the judgment. Adventists teach an investigative judgment that began in 1844, based on the heavenly sanctuary imagery in Daniel and Hebrews. This judgment vindicates God’s character and determines who will be saved. The cross remains the only basis for salvation, and the judgment reveals that God’s grace is accepted.

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### WHY THE 28 BELIEFS MATTER TODAY

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The **Seventh Day Adventist fundamental beliefs 28** are more than a list — they are a roadmap for living a life of faith, hope, and service. In a world searching for meaning, these doctrines offer a coherent picture of God’s love, the reality of the cosmic conflict, and the certainty of Christ’s return. Adventists are not dogmatic in a rigid sense; they encourage continual Bible study and growth in understanding. Whether you are a lifelong member or simply curious, exploring these beliefs can deepen your appreciation for a faith that takes the Bible seriously and looks forward to a restored creation.

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### CONCLUSION

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In summary, the **Seventh Day Adventist Fundamental Beliefs 28** provide a comprehensive biblical framework covering God, humanity, salvation, the church, Christian living, and the future. Each belief is rooted in Scripture and designed to foster a personal relationship with Jesus Christ. For Adventists, these 28 points are not a checklist but a confession of trust in God’s unfolding plan. As you consider these teachings, remember that they invite you to examine the Bible for yourself and discover the hope that shapes Adventist identity — a hope centered on the soon-coming King and the promise of a world without pain or death.