

# The Concept Of The Political

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## UNDERSTANDING THE CORE OF POLITICAL THEORY: THE CONCEPT OF THE POLITICAL

In an age of rapid globalization, identity conflict, and shifting state power, few ideas are as foundational—and as misunderstood—as **The Concept Of The Political**. This phrase, most famously articulated by German jurist and political theorist Carl Schmitt in his 1932 essay of the same name, asks a deceptively simple question: What makes a question, a conflict, or a decision *political* in the first place? To answer this is to venture into the very heart of political theory, sovereignty, and the nature of human association. This article will explore the origins, key arguments, contemporary relevance, and criticisms of The Concept Of The Political, offering a thorough, accessible guide for students, scholars, and curious readers alike.

## What Is The Concept Of The Political? A Foundational Definition

At its simplest, The Concept Of The Political seeks to establish the distinct criterion that separates politics from other domains of human life such as economics, morality, or aesthetics. For Schmitt, that criterion is the **friend-enemy distinction**. He argued that political actions and motives can be reduced to this fundamental grouping: the association of people into “friends” (those with whom one shares a common identity or interests) and “enemies” (those who pose an existential threat to that identity or way of life). Importantly, the enemy is not merely a competitor or a disliked adversary; the enemy is the *other*, the stranger, whose very existence challenges the unity and survival of one's own group.

This binary framing is not about personal hatred. It is about collective, public conflict. The political, in Schmitt's view, arises only when a group reaches a level of intensity where it is willing to fight—and potentially die—to preserve its way of life against an existential foe. Thus, sovereignty itself is defined by the ability to decide who the enemy is and to act upon that decision. This is what Schmitt called the **sovereign decision**.

## The Historical and Intellectual Context

To fully grasp The Concept Of The Political, one must understand the world in which it was written. The late Weimar Republic was a period of intense polarization, with communists, fascists, and liberal democrats all vying for control. The state seemed paralyzed by pluralism and endless parliamentary debate. Schmitt, writing in 1932, saw liberalism as fundamentally unable to handle the intense conflict of politics because it tried to reduce politics to economics, compromise, or moral discussion. He believed that liberalism’s avoidance of the friend-enemy distinction left the state vulnerable to internal collapse and external takeover.

Schmitt was reacting against the liberal tradition of thinkers like John Locke and Immanuel Kant, who emphasized universal rights, procedural justice, and the possibility of perpetual peace. For Schmitt, such concepts were naive. Politics, he insisted, is not about finding consensus; it is about determining who lives, who dies, and who decides. This placed him in sharp opposition to the prevailing liberal optimism of his time, and it has made his work both controversial and enduringly influential.

## Key Elements of Schmitt’s Concept Of The Political

Several interconnected ideas form the backbone of Schmitt's framework. Understanding these is essential for any serious exploration of The Concept Of The Political.

- **The Friend-Enemy Distinction as the Criterion:** As noted, this is the central pillar. Politics is defined by the intensity of association and dissociation, not by any specific subject matter. Anything can become political if it reaches the point of grouping people into friends and enemies.
- **The Sovereign as the Decision-Maker:** True sovereignty lies in the capacity to decide the exception—the moment when normal law is suspended because the existence of the state is threatened. The sovereign is the one who declares the enemy and mobilizes the nation for defense.
- **The Priority of the Political over the State:** Schmitt argued that the state is not the source of the political; rather, the political precedes the state. The state is simply the organized form that a political community takes when it is united against enemies.
- **Existential, Not Normative:** The friend-enemy distinction is about existence—the real possibility of physical killing. It is not about moral judgment or economic competition. Politics, at its most intense, is about life and death.
- **Critique of Liberal Neutrality:** Schmitt attacked the liberal notion that the state should be neutral among competing interests. He saw this as a dangerous illusion that strips the state of its ability to protect the political community.

## The Concept Of The Political vs. Other Political Theories

To appreciate the distinctiveness of Schmitt's idea, it is helpful to contrast it with other major frameworks. For example, liberal democracy sees politics as a peaceful process of bargaining and compromise among interest groups. The state is a neutral arbiter. Schmitt would say that this ignores the underlying existential conflict that makes politics meaningful. Marxism, on the other hand, sees all political conflict as rooted in class struggle, which is ultimately economic. Schmitt rejected this reductionism, insisting that the political is autonomous and cannot be subsumed under economics.

Meanwhile, communitarian thinkers might appreciate Schmitt's emphasis on belonging and collective identity, but they would likely reject his stark friend-enemy dualism. Modern democratic theorists like Jürgen Habermas argue for deliberative democracy, where political legitimacy comes from rational communication, not from sovereign decision. For Habermas, politics is about reaching understanding, not about confronting enemies. Schmitt's worldview stands in direct opposition to this ideal.

## Contemporary Relevance: Why The Concept Of The Political Still Matters

One might assume that a concept forged in the crisis of the Weimar Republic is merely a historical curiosity. Yet, The Concept Of The Political continues to resonate in contemporary debates. Here are several key areas where Schmitt's ideas remain strikingly relevant:

### 1. Populism and the Friend-Enemy Dynamic

Modern populist movements often frame politics as a battle between “the people” (friends) and a corrupt elite or foreign threat (enemy). The rhetoric of populist leaders frequently echoes Schmitt's logic: they claim the authority to decide who truly belongs to the nation and who threatens it. Whether in Europe, the Americas, or Asia, the friend-enemy distinction is alive and well in political speech.

### 2. State of Exception and Emergency Powers

Schmitt's theory of the sovereign decision has become central to debates about executive power, especially during crises such as the COVID-19 pandemic or terrorist threats. Governments around the world have declared states of emergency, suspending normal legal procedures in the name of national security. Schmitt would argue that this reveals the true nature of sovereignty: the ability to decide on the exception.

### 3. Identity Politics and Group Conflict

Identity politics, by its very nature, involves defining a group (race, gender, religion, ethnicity) and an “other” that stands opposed to its interests. While many identity movements seek equal rights, the process of polarization can easily slip into the friend-enemy logic. Schmitt's framework helps explain why some political conflicts become existential and unresolvable.

### 4. International Relations and the Return of Great Power Politics

In global affairs, nations continue to act according to the friend-enemy distinction. The rivalry between the United States and China, for instance, is increasingly framed not just as economic competition but as a clash of political systems and ways of life. Schmitt’s realism offers a powerful lens for understanding international conflict that neither liberal internationalism nor Marxism fully captures.

## Criticisms and Limitations of The Concept Of The Political

No intellectual framework is without its critics, and Schmitt's concept has been attacked from many angles. The most common criticisms include:

- **Moral Danger:** By reducing politics to a struggle for existence, Schmitt opens the door to authoritarianism and the justification of violence. His later association with the Nazi regime has made many scholars wary of his ideas.
- **Oversimplification:** Critics argue that not all political interactions are existential. Routine policy decisions about taxation, education, or

healthcare may involve conflict, but they rarely rise to the level of a friend-enemy confrontation. Schmitt’s framework might over-politicize everyday life.

- **Neglect of Pluralism:** Democratic societies thrive on competing interests that are not zero-sum. The friend-enemy distinction offers no room for the messy, ongoing negotiation that characterizes real-world politics.
- **Circular Reasoning:** Some scholars contend that Schmitt defines the political by the friend-enemy distinction, but then defines the enemy as whoever the political community deems a threat. This can become tautological.

Despite these valid objections, even Schmitt's critics often admit that he identified a crucial and uncomfortable truth: politics can, and sometimes does, turn into existential conflict. Denying this reality, as liberalism tends to, may leave societies unprepared for the most dangerous political moments.

## Practical Implications for Understanding Modern Politics

So, what can a student of politics actually learn from The Concept Of The Political? First, it teaches us to identify when a conflict has crossed a threshold. A healthy democracy can handle disagreement, but when opponents begin to view each other as existential enemies, the political system

is in danger. Second, it reminds us that the state’s ability to decide and act is essential, especially in emergencies. A state that cannot define its enemies—whether foreign or domestic—may lose its capacity to protect its citizens. Third, it challenges us to think critically about our own political assumptions. Are we too quick to see enemies? Or are we too naive about the power of persuasion?

The concept also has implications for political communication, policy-making, and international negotiation. If leaders understand that political conflicts have an inherent tendency toward polarization, they might work harder to de-escalate rhetoric and strengthen inclusive institutions. Conversely, a leader who embraces Schmitt’s vision might deliberately sharpen the friend-enemy distinction to consolidate power.

## Conclusion: The Enduring Power of a Controversial Idea

The Concept Of The Political remains one of the most provocative and debated ideas in modern political theory. Carl Schmitt’s insistence on the friend-enemy distinction as the criterion for the political forces us to confront uncomfortable questions about sovereignty, identity, and conflict. While his framework is far from a complete picture of politics, it serves as a necessary corrective to overly optimistic or procedural views. In a world still marked by war, polarization, and existential threats, understanding The Concept Of The Political is not just an academic exercise—it is a tool for navigating the most fundamental challenges of collective life. Whether one embraces, modifies, or rejects Schmitt’s ideas, engaging with his concept deepens our comprehension of what it means to be political beings.